

# THE SQUEEZE

At The Beach

## - MENU -

### Sandwich

Tomatoes Mozz \$13 

Melty mozzarella, feta, spinach, sundried tomatoes, pesto.

italian Style on Bay \$15

Ham, mortadella, salami, arugula, Italian home sauce, mozzarella.

Club \$13

Turkey, bacon, ham, lettuce, tomato, and mayonnaise

Lemon chicken pesto \$15

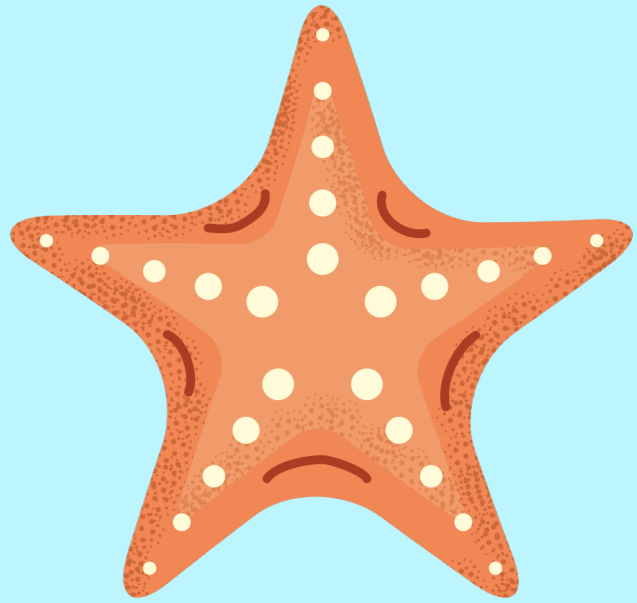
Lemon chicken, mozzarella, basil, pesto, arugula, red peppers.



## Pasta Salads

### Chicken Caesar pasta \$13

Shredded Chicken, Pasta, Lettuce, Cherry tomatoes, Croutons, Cheese, Caesar dressing.



## Playa Bowls

### Beach Bum \$11

Acai base, Strawberries, Blueberries, Banana, Granola, Honey, Creamy Peanut Butter

### Little Mermaid \$12

Acai base, Pineapple, Kiwi, Banana, Coconut Flakes, Honey or Agave

### Blue Angel \$12

Acai base, Strawberries, Blueberries, Mango, Granola, Honey or Agave

### + Add \$ 1

Peanut Butter  
Coconut Flakes  
Granola  
Honey  
Agave  
Nutella  
Extra Fruit topping





# Sunny Sips

Ready to drink  
Smoothies

**Strawberry cream: \$9.25**

Strawberry, Banana, Milk

**Tropical: \$10**

Mango, Pineapple, Papaya, Coconut water.

**Hot summer: \$9.25**

Pineapple, Orange, Lemon, Honey

**Mango dream: \$11**

Mango, Strawberry, Coconut milk

**Green Detox: \$9.75**

Cucumber, Green apple, Lemon, Kale, Ginger, Coconut water

**Sweet happiness: \$9.25**

Strawberry, Blueberry, Apple

**Sunrise: \$9.75**

Peach, Mango, Strawberry

**Vibes: \$11**

Mango, Kiwi, Pineapple, Orange juice

**Piña colada: \$10.75**

Pineapple, Coconut, Coconut milk

**Peanut Butter Smooth: \$11**

Banana, Peanut butter, Milk,  
Whey protein

**Add in + \$1.50**

Whey Protein

Peanut Butter



Fresh Juice

Watermelon wave \$6

Fresh pressed watermelon

Vitamins Sea \$9

Carrot, orange, pineapple

Fresh lemonade \$6

Orange \$6

Pineapple \$6



Fruit Popsicles \$4



# Coffee

**Frozen Caramel Latte \$6**

**Add in + \$1**

**Cold Brew \$5**

Hazelnut

**Iced matcha Latte \$5.50**

Caramel

Vanilla

**Strawberry Iced Matcha \$6.25**

**Orange Iced Matcha \$6.25**

# A Cold One

**Domestic \$5**

Michelob Ultra

Miller

Coors Light

**Imported \$6**

Corona Extra

Modelo

**Carbliss \$7**

Peach

Pineapple

Black Raspberry



# Sangrias

**White: \$9**

A blend of white wine, peaches & apples

16oz

**Red: \$9**

A tropical blend of red wine, fresh strawberries, blueberries & blackberries

16oz